

JRT NEWSLETTER

AUGUST 2023

Landon Sheckard

Tell us a bit about yourself: I am 20 (21 at the end of the month), I grew up moving a lot but mostly between the Castle Rock, WA area & Sandy, OR, as well as a couple years in central AL. I graduated in 2020 (covid senior) & originally was planning to go to OSU to study construction management, but chose to take a gap year & accepted a job at JRT originally at Gardiner MS. I am still working part time towards my degree while I work. I grew up remodeling & flipping homes w/my dad & always wanted to be in construction, I was surprised to find I enjoy working in the plumbing/HVAC trades.

Your work day consists of: answering a bunch of emails, making sure everything is organized & tasks are getting completed. I typically answer some questions & calls from the other PMAs or Foreman throughout the day. I am a great resource for help with Kojo, Bluebeam, or eSub. Often I will run out and check on a project. A great day at workday to me involves making a spreadsheet breakthrough with Ron.

The one work related goal you want to accomplish in the next year is... I am excited to finish my first projects I am PM'ing on my own. I am learning a lot, asking a lot of questions, and I hope they are winners!

Your work history consists of: I grew up working on remodels and flips with my Dad, and I also had my own small woodworking shop in highschool. Before JRT I was actually part time at Dutch Brothers (BlackRock is better FYI)

The thing that surprised you the most when you started working at JRT is: people have a lot of fun here!

Your happiest when : spending time with my family. I only have my parents, older sister, younger brother & maternal grandmother in the NW. I love when I am able to visit the rest of my family or we are all able to get together.

If you could visit anyplace in the world it would be: Australia!

The thing that would surprise us the most about you is... I have a 4.0 including engineering calculus classes and I still can't figure out long division. I don't get it.

Your friends and family would describe you as: probably helpful- I am always down to lend a hand with something. I think I can be funny at times.

Your favorite way to spend a weekend is... exploring somewhere new and catching up with friends and family.

Your family consists of - my parents, my older sister and younger brother. My family is pretty small, and the rest of them live in the Southwest. I have 0 first cousins!

Your Pets are: A chubby dog named Lulu.

What you like most about work - I enjoy who I work with- our team is very supportive and positive.

For fun you like to- Try a new hobby.

A few things on your bucket list are: Travel all 7 continents, see the northern lights, swim in every ocean, go on a safari, invent a new word.

A few of your pet peeves are: people who walk slow. If you're over 5'9", your lifespan is 5 years less than someone shorter. I got places to be!

Anything else unique about yourself you want to add: I went viral on TikTok once. That is why I have such a big ego.



EMPLOYEE OF THE MONTH



I'd like to nominate Doug for employee of the month. Ever since he's come into the shop I've noticed a difference and have heard he's made quite the difference in the shop. His awesome organizational skills are definitely keeping less things from going missing. Also, he's always quick to respond and help with needs. – Taylor Bergmann

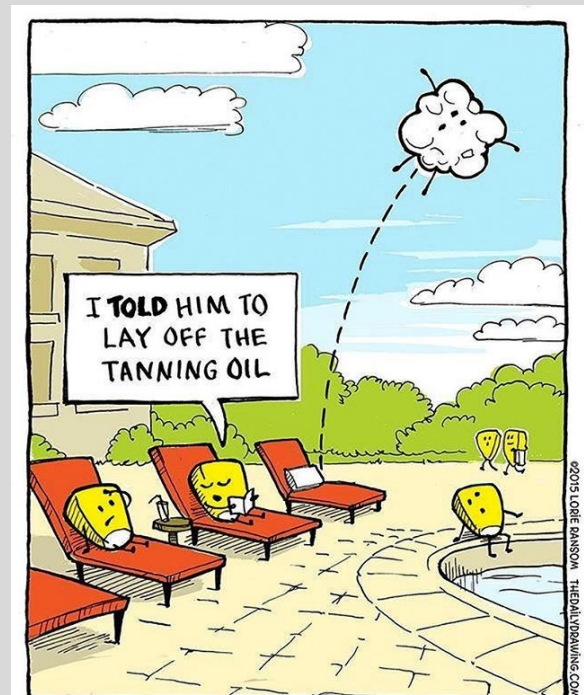
I would like to nominate Doug for Employee of the month. Doug is a superstar! Doug has the shop so organized that we have been able to pull material for upcoming projects from overstock (leftover material from jobs) and track it from job to job so material expenses can be tracked in spectrum accurately which means more accurate job costs. Doug is willing to stay late and make sure everyone's needs are satisfied and not complain or grumble about it. Doug is a true asset to Jrt and I feel privileged to work alongside him. – Christian Weber

AUGUST

BIRTHDAYS

JACOB ALLEN
GABRIEL AMPARO
BRUCE BEARD
RON BERGMANN
AUTUMN BURTON
CHASE CLARK
ERIC EK
TYLER GLIDDEN
STEVE GONZALES
TY HENDERSHAW
KYL JOHNSON

SVEN JOHNSON
MATTHEW MITCHELL
LOGAN RAISANEN
GUADALUPE RIOS
KARL TAPANI
THOR TAPANI
WILLIAM TAPANI
AUSTIN TERVO
ANDREW WIKE
DARRELL ZUTTER



AUGUST WORK ANNIVERSARY'S

John Tapani - 18 yrs.	Qyntyon Zehner-Millbrat - 2 yrs.
Luke Erickson - 12 yrs.	Joclyn Zook - 2 yrs.
Dave Charlson - 11 yrs.	Nicholas Gillen - 2 yrs.
Randy Dahl - 4 yrs.	Austin McWain - 1 yr.
David Christiansen - 3 yrs.	Andrew Wike - 1 yr.
Garrett Dean - 2 yrs.	Riley Tapani - 1 yr.

JRT NEWS

REMINDER: The JRT picnic is this Friday August 4th! Gates open at 11am & we will start eating at 11:30!

Address: 12345 NE 152nd Ave. Brush Prairie WA 98606

Time: 11:00am - 3:30pm

For more info please listen to the latest podcast!

JRT's Safety Manager, Lorrie, is making her way out to the job sites and is looking forward to meeting everyone. Please save her number in your phone.

Lorrie Warren 360-869-8157

Contact On-Site Health and Safety for immediate jobsite first aid.

Phone Number: 866-998-2750

After many long years of running JRT, Jake is retiring. Thanks Jake, for your incredible contributions to building and growing JRT to what it is today! We will certainly miss you, and we hope you enjoy many adventures in the future with your family during your retirement.

Mail Order Pharmacy

Have you tried using the CVS mail order delivery service for your medications? This will save you money! A 90-day supply by mail service typically costs less than (3) 30-day supplies at a local pharmacy*. Plus, standard shipping is available at no-cost. Contact Customer Care at the number on the back of your HMA member ID card.

*Savings vary based on plan member's benefit plan, prescriptions and copayments.

PRODUCTIVITY TIP FOR AUGUST

Build rough in height cards for the guys. They can easily keep this in pockets/ nail bags.

Thanks Mack!

Send in any of your ideas that we can share to increase production to Ron Bergmann 360-903-2742 (or ronb@jrtmechanical.com) If your idea is selected in a future newsletter, you will receive \$50 in cash.



Jacob Allen won last month with the idea of using video calling between the job office and guys onsite to save time.

Lav Heights	21" AFF/ 22" Above Sheeting
Cleanout Tees	7" AFF
Washer Box Trap Arm Height AFF	16" AFF/ 17" Above Sheeting
Washer Box Vent Tie In Height	54" AFF/ 55" Above Sheeting
Washer Box Height	Bottom Of WS 36" AFF/ 37" Above Sheeting
Shower Head Height	82" AFF/ 83" AFF
Shower Valve Height	31" AFF/ 32" Above Sheeting
Tub Spout Height	21" AFF/ 22" Above Sheeting
Water Heater Stub Out Height	72" AFF/ 73" Above Sheeting
Gypcrete	1"
ADA Tub/Shower Head Height	77" AFF
ADA Tub/Shower Valve Height	28" AFF
ADA Roll In Shower	42" AFF

Quarterly Wellness Prize Winners!

Here are the winners for the 3rd quarter.

Thanks for participating in the walker tracker challenges!

Let Elaine know if you would like a sweatshirt or a Fitbit.

Garrett Dean

Jesus Padilla

Shad Kuenzel

Kathi Taylor

Nick Deotsch

Levi Tapani

Landon Sheckard

Troy Karnes

Joren Sarkinen

Tyler Anderson

If you would like to join walker tracker, go to <https://jrt.walkertracker.com/> Join a team after you log in.

Health Navigator

Many people still wonder what Health Navigator is. This company provides care advisors that can connect you with specialists that provide expert opinions, whether it be any new, ongoing or challenging service that you might have. This program costs you nothing.

Contact them if you are looking for guidance on ANY health-related condition.

I would also recommend calling them if you are looking for a doctor or mental health professional that is accepting new patients in the HMA network. They will make all the pesky phone calls for you!

You can speak with a care advisor Monday – Friday, from 8:00 a.m. - 6:00 p.m. (ET).
The number is 888-352-4969 or visit sunlife.com/healthnav.

See the attached flier w/ FAQ about Health Navigator