



INJURY REPORTING PROCESS

If you have an injury during the course of your work day, no matter how small, or even if you feel it's not going to be an issue you are required to report it to your Foreman, Lorrie or Garrett.

IMMEDIATE INJURY NOTIFICATION IS REQUIRED

FOREMAN WEST SIDE & EAST SIDE & SERVICE DEPARTMENTS

Notify Lorrie IMMEDIATELY 360-869-8157

DARIGOLD PROJECT

Notify Garrett IMMEDIATELY 509-312-6513

If first aid treatment is needed or the injury needs to be assessed please call our onsite medical services listed below. Our goal is to get our employees **quality medical treatment or injury assessment** by certified medical technicians **onsite** when the injury occurs. Injury management is critical.

BENEFITS OF ONSITE TREATMENT

1. Injured employees get quality first aid treatment or assessment onsite.
2. Onsite treatment helps JRT manage the injury to prevent OSHA recordables and keeps our worker's compensation premiums low. Which benefits all JRT employees.
3. Injuries can be managed through work assignments designed to help prevent further injury.

FIRST AID vs. RECORDABLE

First Aid = Basic treatment. Cleaning, soaking, flushing wounds or objects out of the eye. Bandages including butterfly/steri-strips. Elastic bandages or wraps. Anti-Inflammatory (ibuprofen) not prescribed by a doctor. Massage or active release techniques.

Recordable = Medical treatment such as stitches, rigid splints, cast, brace, crutches. Written prescriptions, even ibuprofen if it's prescribed. Broken bones, fractured teeth, chiropractic care of physical therapy.

WESTSIDE

EASTSIDE



ON-SITE HEALTH & SAFETY
866-998-2750



AMPHIBIOUS MEDICS
855-317-2899