

# Welcome to CVS Caremark®



We manage your prescription benefits just like your health insurance company manages your medical benefits. That means helping you get the medication you need, when you need it, whether that's once a month or once a year. And along the way we'll help you find ways to save. Welcome to a prescription plan that has your best health at heart.

Here are six tips to help you save time and money on your medications:

**1. Register at Caremark.com.** That way we can keep you up to date on new and unique ways to save.

**2. Be sure any retail pharmacy you use is in your network.** Network pharmacies are included in your prescription plan to help keep costs low. If you fill out-of-network you will have to pay 100% of the cost. Find a network pharmacy before you fill at **Caremark.com**.

**3. Know which medications are covered.** Your plan's list of covered medications can help you and your doctor find the most cost-effective drug option. Find your plan's list of covered medications at **Caremark.com**.

**4. Use the *Check Drug Cost* tool available at Caremark.com.** You'll be able to do a side-by-side comparison of your medications to see where you could be saving.

**5. Ask your doctor if there is a generic option for your brand-name medication.** Proven just as safe and effective as brand-name medications, generics may be an affordable option for your treatment.

**6. Have 90-day supplies delivered by mail.** Save on medications you take regularly when you fill in 90-day supplies through our mail service pharmacy. 90-day supplies typically cost less, and there's no extra cost for shipping. Visit **Caremark.com/mailemail** to get started.

**Find even more ways to save when you sign in at Caremark.com.**

# Get Started with 90-Day Refills



Getting 90-day supplies of the medications you take regularly is easier than ever. Convenient delivery by mail brings your prescriptions right to your door with no-cost shipping.

## Why choose 90-day supplies?

- One 90-day refill typically costs less than three 30-day refills
- Get your medications delivered by mail to your home, office or anywhere you like
- Get standard shipping at no extra cost
- Get peace of mind knowing you'll have the medications you need, when and where you need them

## It's easy to get started

- Request a new prescription at [Caremark.com](http://Caremark.com)
- Use the Caremark.com mobile app to send a picture of your written prescription
- Call the number on your prescription ID card

Get started at [Caremark.com/Mail](http://Caremark.com/Mail) or download the CVS Caremark mobile app

