

JRT NEWSLETTER

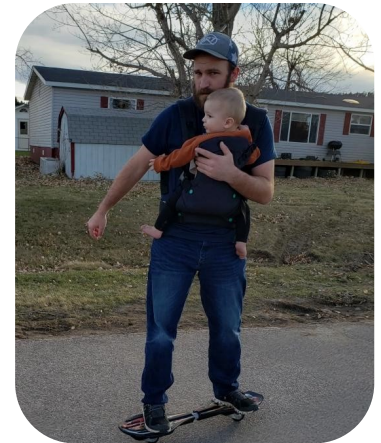
APRIL 2022

Cody Clements

Cody was born in Portland OR and raised in Amboy WA with 3 brothers & a sister until he was 18 & from there he moved to Tri-Cities for his work. His work history includes framing for 6 years, concrete work - doing footings, foundations and tilt ups. Cody has been working at JRT for the last 2 years, the first year as a plumbing apprentice and now 1 year as a PMA. His work day consists of attending weekly meetings, sending/receiving submittals, receiving O&M info for closeout docs and updating progress tracking. He said learning new things and doing anything that is challenging is the best part of his work. One work related goal he'd like to accomplish in the next year is possibly getting into cad.



Cody and his wife Amber have 7 children, 4 boys, 3 girls & 1 dog Daisy. He said he is happiest when he is with them and friends. For fun he enjoys building pens (writing), scouting or riding ATV's which he does on the weekends. Cody said his friends and family would describe his as quiet and reserved but the thing that would surprise us is that he can talk a lot when he feels like doing so. His biggest pet peeves are disorganization & toilet paper being installed incorrectly (supposed to come over the top towards the operator) the phone app he uses most is either Onx or Libby. If he could travel to anyplace in the world, Cody would go to Alaska & hunt moose.



JRT NEWS

Congratulations to Logan & Stefani Raisanen on their new baby girl Adel Ruth! →



← Nathan and Randae Bergmann welcome baby girl Ava Kristiina



Congrats to Larry & Michelle Kaushyna on new baby girl Chloe!

Henri Tapani is engaged! He will be married in May to Gina Hallstrom.



HEALTH INSURANCE

The 2022 Insurance Renewal is complete! Start using your new cards April 1st. If you need a copy of your card, you can print one from your member portal at www.accesshma.com or wait for it to come in the mail! If you signed up for an HSA, more info to follow in 30-60 days after that is set up.

JRT is offering **NEUROFEEDBACK** with **Neuro Balance Northwest LLC**

First session is FREE!!

Lowest prices you can find, brought to you by **JRT**

\$50/session or \$35/session if you qualify for low income assistance

To schedule your initial consultation and first free session check out the website!

neurofeedbackforall.com

*Helps improve **Sleep**

*Helps with **Mood**

*More **Energy**

*More **Focus**

811 NE 112th Ave, Suite 108

Vancouver WA 98684

360-209-2140

Have you tried Vital Care yet?

If you do, you get a \$25 Starbucks Card after your first visit!

WALKER TRACKER: APRIL IS THE COMPANY WIDE TEAM CHALLENGE.

ACTIVE APRIL - WKND CHALLENGE IS APRIL 22-24TH

Weight loss challenge April 7th-June 9th. Weigh in every Thursday.

\$40 to join. Text Elaine 360-600-4137

WINNERS OF THE RECENT WEIGHT LOSS CHALLENGE:

1ST PLACE - STEFAN ERICKSON - \$400.00

2ND PLACE - HEATHER TAPANI - \$150.00

3RD PLACE - JOCLYN ZOOK - \$70.00

EMPLOYEE OF THE MONTH

Drew Johnson

Drew has been a fantastic leader as we've been going through the payroll transition. He worked with Caroline to understand the payroll process and has helped Kara settle into her new position. Drew has also been a great mentor, answering questions, teaching, and providing direction. Through this stressful time, he's kept a level head, stayed positive, and hasn't lost his cool. – Jacob Tichenor



April Birthdays

Roberto Cervantes	Robb Schiedler
Mike Gonzales	Ricky Juntunen
Jackson Hays	Brady Sarkinen
Sean Pierce	Mack Nelson
Doug Moir	Cole Stolp

Work Anniversary's

Karl Tapani - 25 yrs
Paul Homola - 10 yrs.
Zackary Raisanen - 8 yrs.
Eric Ek - 8 yrs.
Bryan Massie - 7 yrs.
Matthew Massie - 5 yrs.
Noah Hill - 4 yrs.
Joshua Sullivan - 4 yrs.
Chris Thornburg - 3 yrs.
Lawson Close - 3 yrs.
Jason Brasel - 1 yr.
Roberto Cervants - 1 yr.
Antonio Salinas - 1 yr.



APRIL PRODUCTIVITY TIP

To help stay motivated Mack Nelson says...

"Remember to take time off or a vacation. It's huge for one's mental and sanity lol. I believe it increases productivity and your employee will be happy"

Last month's winner

Send in any ideas that we can share to increase production to Ron Bergmann 360-903-2742 or ronb@jrtmechanical.com.

If your idea is selected in a future newsletter, you will receive \$50 dollars in cash.



Sven Johnson

BEST
of 15
CLARK COUNTY
2022

- **NOMINATIONS:**
APRIL 4th - 24th
- **VOTING:**
JUNE 1st - 14th
- **WINNERS ANNOUNCED:**
AUGUST 7th & 8th

**NOMINATE JRT IN THE HOME & GARDEN UNDER THE
PLUMBING CATEGORY!**

Nominations will be accepted for placement on the ballot from **Monday, April 4th through Sunday, April 24th**. The **top 5** nominees in each category will advance to the ballot. Voting begins **Wednesday, June 1st**.